

White Picket Fence COUNSELING CENTER, LLC



Friday evenings beginning August 24, 2018

6:00 to 7:30pm

Facilitated by:

A therapy process group designed to support you in your recovery and healing from Anorexia and Bulimia and co-occurring issues .

We will focus on:

- Effective self-reflection
- Coping with change
- Empowerment and motivation
- Self-image and self-compassion



Jessica Fortunato, MA
Registered Marriage and
Family Therapy Intern

Co-Facilitator:



Nicole Salkaus, MS
Registered Mental Health
Counselor Intern

Now registering:

Call 407-622-0202 or email jessica@wpfcounseling.com

\$240 for 6 weekly sessions. Requirements include working with an individual therapist, adults 18 years or older, and an intake session for new participants (\$65).