



Sharing and Rewriting Your Recovery Story

Monday evenings beginning February 26th

5:00-6:30 pm

This focused, four-week group session is ideal for adults struggling with anorexia and/or bulimia in the recovery process.

Each week, one to two group members will share their eating disorder and recovery story with the group. You will be given the opportunity to help inspire and instill hope, while connecting with and learning from others.

Cost: \$160 for 4 weekly sessions.

*An intake appointment is required for new members to attend groups.

Facilitated by



Christina Purkiss, LMHC, CEDS
Licensed Mental Health Counselor
Certified Eating Disorder Specialist

Sign up today:

**Call 407-622-0202 or
email info@wpfcounseling.com**