

White Picket Fence
COUNSELING CENTER, LLC



Monday evenings beginning January 15th
5:00-6:30 p.m.

A weekly process-style group created to provide support to adults who are in the recovery and healing process from Anorexia Nervosa and/or Bulimia Nervosa.

We will focus on:

- Motivation
- Effective Coping Skills
- Developing Your Support System
- Self-Image & Self-Compassion

Facilitated by:



Christina Purkiss, MA
Licensed Mental Health Counselor
Certified Eating Disorder Specialist

Sign up today:

Call 407-622-0202 or email christina@wpfcounseling.com

\$240 for 6 weekly sessions. Requirements include working with an individual therapist. Must be 18 years or older, and an intake session is required for new participants (\$65).